

Bifidobacterium infantis M63 - List of Human Clinical Studies

(1) Effects on the intestinal microflora and intestinal environment (Infant Study)

	Title	Author	Publication	Country
1	Effect of administration of bifidobacteria on intestinal microbiota in low-birth-weight infants and transition of administered bifidobacteria: A comparison between one-species and three-species administration.	Ishizeki S, et al.	Anaerobe. 23, 38-44 (2013)	Japan
2	Colonization and persistence capacity of a multi-strain probiotic in food allergy.	Mennini M, et al.	J Allergy Clin Immunol, 143, AB229 (2019)	Italy

(2) Effects on infant health

	Title	Author	Publication	Country
1	Alpha-lactalbumin-enriched and probiotic- supplemented infant formula in infants with colic: growth and gastrointestinal tolerance.	Dupont C, et al.	Eur J Clin Nutr. 64, 765-767 (2010)	France
2	An α -lactalbumin-enriched and symbiotic- supplemented v. a standard infant formula: a multicentre, double-blind, randomised trial.	Rozé JC, et al.	Br J Nutr. 107, 1616-22 (2012)	France

(3) Effects on intestinal diseases (IBS, Functional Constipation)

	Title	Author	Publication	Country
1	A Mixture of 3 Bifidobacteria Decreases Abdominal Pain and Improves the Quality of Life in Children With Irritable Bowel Syndrome: A Multicenter, Randomized, Double-Blind, Placebo-Controlled, Crossover Trial.	Giannetti E, et al.	J Clin Gastroenterol. 51, e5-e10 (2017)	Italy
2	Efficacy of a mixture of probiotic agents as complementary therapy for chronic functional constipation in childhood.	Russo M, et al.	Ital J Pediatr. 43, 24 (2017)	Italy

(4) Effects on the prevention of allergy

	Title	Author	Publication	Country
1	Bifidobacterium mixture (B longum BB536, B infantis M-63, B breve M-16V) treatment in children with seasonal allergic rhinitis and intermittent asthma.	Miraglia Del Giudice M, et al.	Ital J Pediatr. 43, 25 (2017)	Italy

(5) Effects on Mental Health

	Title	Author	Publication	Country
1	Bifidobacterium infantis M-63 improves mental health in victims with irritable bowel syndrome developed after a major flood disaster	Ma Z.F., et al.	Benef Microbes. 10(2)111-120 (2019)	Malaysia